

207 12th St Carrizozo 648-2121
 115 Tiger Dr. Capitan 354-2640
 451 Main Corona 849-5111
 26337 Hwy 70 West Ruidoso Downs 378-4659
 10686 Hwy 380 Hondo 653-4405

Lunch Resv
 by 10:00am

October 2021 Milk Served Daily

*Our monthly menus are verified
 by a dietician in order to ensure
 that nutritional standards are met*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All meals served with 8 oz. 1% Low Fat Milk				1
Suggested Donation: \$3.00				Cheese Pizza
Menu Subject to Change				California Vegetables Sweet Potato Fruit
4	5	6	7	8
Fish Broccoli Spinach Cornbread Fruit	Tater Tot Casserole California Vegetables Beets Roll Fruit	Baked Pork Chop Rice Oriental Vegetables Carrots Roll Crisp	Baked Chicken Vegetable Green Beans Roll Fruit	2 Beef Tacos Squash Spanish Rice Cookie
11	12	13	14	15
Closed Columbus Day	Chicken Tenders w/ Gravy Mashed Potatoes Mix Vegetables Bread Pudding	Sausage Wild Rice Broccoli Carrots WW Roll Fruit	Baked Chicken Green Beans Scalloped Potatoes WW Roll Fruit	Taco Salad Spanish Rice Corn Fruit
18	19	20	21	22
Sloppy Joe Pickle & Onion Parsley Potatoes Mixed Vegetables Fruit	Baked Chicken Corn Toss Salad Biscuit Cobbler	Hamburger Steak Br Gravy with Mushrooms Mashed Potatoes Green Beans with Onions WW Bread Fruit	Chicken Cutlet Sweet Potatoes Cauliflower WW Roll Fruit	Chili Relleno Casserole Pinto Beans Squash w/Tomatoes Crackers Cookie
25	26	27	28	29
Chicken Strips Mashed Potatoes Spinach Biscuit Fruit	GC Beef Enchilada Lettuce & Tomato Pinto Beans Crackers Cake	Orange Chicken Brown Rice Broccoli Carrots Biscuit/ Fruit	Meatloaf Au Gratin Potatoes Mixed Vegetables Roll Fruit	Pork Chop Ole' w/Salsa Spanish Rice Calabacitas Tossed Salad WW Roll