

207 12th St Carrizozo 648-2121  
 115 Tiger Dr. Capitan 354-2640  
 451 Main Corona 849-5111  
 26337 Hwy 70 West Ruidoso Downs 378-4659  
 10686 Hwy 380 Hondo 653-4405

Lunch Resv  
 by 10:00am

## January 2022 Milk Served Daily

\*Our monthly menus are verified  
 by a dietician in order to ensure  
 that nutritional standards are met\*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
Closed  Happy New Year!	<b>Swiss Steak</b> Baked Potato Peas Biscuit Fruit	<b>Chicken Stir Fry</b> Rice Corn Carrots Jello	<b>GC Cheese Enchilada</b> Pinto Beans Squash Cookie	<b>Chicken Marsala</b> Spaghetti Noodles Broccoli Carrots Fruit
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>Pork Chop</b> Scalloped Potatoes Beets Biscuit Spiced Apples	<b>Santa Fe Chicken</b> Rice Pinto Beans Carrots Fruit	<b>Tater Tot Casserole</b> California Vegetables Green Beans WW Roll Fruit	<b>Chicken &amp; Dumplings</b> Peas Carrots Cake	<b>Pepper Steak</b> Baked Potato Mix Vegetables WW Roll Fruit
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
Closed  Martin Luther King Jr.	<b>Trailblazer/ Au Jus</b> Ranch Beans California Vegetables Bread Fruit	<b>Marinated Chicken</b> Wild Rice Cauliflower Beets Garlic Bread Fruit	<b>Navajo Taco</b> Fry Bread Pinto Beans Squash Cake	<b>Chicken &amp; Noodles</b> Peas Carrots Biscuit Fruit
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>Chicken Cutlet</b> Sweet Potatoes Green Beans Biscuit Fruit	<b>Hamburger Stroganoff</b> Egg Noodles California Vegetables Beets WW Roll Pudding with Topping	<b>Baked Fish</b> Tater Tots Mixed Vegetables WW Roll Fruit	<b>RC Beef Enchilada</b> Pinto Beans Salad Apple Cobbler	<b>Lemon Baked Chicken</b> Brown Rice Cauliflower Peas WW Roll Fruit
<b>31</b>				
<b>Salisbury Steak w Gravy</b> Wild Rice Broccoli Carrots Biscuit Fruit			<b>All meals served with 8 oz. 1% Low Fat Milk</b> <b>Suggested Donation: \$3.00</b> <b>Menu Subject to Change</b>	